

# Aquarius Swimming Day Lessons

Updated – 04/01/23



## The Alan Higgs Centre

Mondays	
10:00am – 10:30am	Ducklings Adults (Beginners)
10:30am – 11:00am	Ducklings Adults (Mixed)

Tuesdays	
11:00am – 11:30am	Ducklings
11:30am – 12:00pm	Aquatots (18 months to 36 months)
5:30pm – 6:00pm	Adults (Improvers)
6:00pm – 6:30pm	Adults (Beginners)

Fridays	
2:30pm – 3:00pm	Ducklings

## Centre AT7

Mondays	
6:30pm – 7:00pm	Adults (Beginners)

Wednesdays	
2:30pm – 3:00pm	Aquatots (18 months to 36 months)

Thursday	
3:00pm – 3:30pm	Aquatots (4 months to 18 months) – Starting Mon 9 <sup>th</sup> Jan

Fridays	
2:30pm – 3:00pm	Ducklings
6:00pm – 6:30pm	Adults (Beginners)
6:30pm – 7:00pm	Adults (Improvers)

## Xcel Leisure Centre

Mondays	
10:30am – 11:00am	Ducklings
11:00am – 11:30am	Ducklings

Wednesdays	
10:30am – 11:00am	Aquatots (4 months to 18 months) Stage 1 Ducklings – Starting Mon 9 <sup>th</sup> Jan

Thursdays	
2:15pm – 2:45pm	Ducklings
6:00pm – 6:30pm	Adults (Beginners)
6:30pm – 7:00pm	Adults (Improvers)

Friday	
10:30am – 11:00am	Ducklings Adults (Mixed)
1:00pm – 1:30pm	Adults (Mixed) Adults (Mixed)

## The Wave

Mondays	
10:00am – 10:30am	Adults (Beginners) Adults (Beginners)
10:30am – 11:00am	Adults (Beginners) Adults (Beginners)
11:00am – 11:30am	Adults (Improvers) Ducklings

## Prices

	30mins
Duckling – 12 weeks	£66.00
Adult – 12 weeks	£71.50
Aquatots – 12 weeks	£61.50
Xcel Wednesday 10am Stage 1	Special Price: £66.00

## Join Aquarius Swim School Today!

State-of-the-art facilities and experienced teachers form the core of our 'Aquarius Schools' Swim School. With lessons starting from 4 months and supporting throughout childhood and adulthood, it's never too late to learn to swim!

Find our timetable online by visiting:



[www.cvlife.co.uk/swimming-lessons/](http://www.cvlife.co.uk/swimming-lessons/)